**ART.1**... Blocking is illegal personal contact which impedes the progress of an opponent with or without the ball.

**ART. 2**... Charging is illegal personal contact caused by pushing or moving into an opponent's torso.

a. A player who is moving with the ball is required to stop or change direction to avoid contact if a defensive player has obtained a legal guarding position in his/her path.

b. If a guard has obtained a legal guarding position, the player with the ball must get his/her head and shoulders past the torso of the defensive player. If contact occurs on the torso of the defensive player, the dribbler is responsible for the contact.

c. There must be reasonable space between two defensive players or a defensive player and a boundary line to allow the dribbler to continue in his/her path. If there is less than 3 feet of space, the dribbler has the greater responsibility for the contact.

d. The player with the ball may not push the torso of the guard to gain an advantage to pass, shoot or dribble