

RULE 9 - SECTION 1

FREE-THROW PROVISIONS

ART. 1 . . . The try must be attempted from within the free-throw semicircle and behind the free-throw line.

ART. 2 . . . Teams must properly occupy marked lane spaces according to number and space requirements.

ART. 3 . . . After the ball is placed at the disposal of a free thrower:

a. He/she must throw within 10 seconds to cause the ball to enter the basket or touch the ring before the free throw ends.

b. The free thrower must not fake a try, nor must any player in a marked lane space fake to cause an opponent to violate.

c. No opponent must distract the free thrower.

d. No player must enter a marked lane space or leave a marked lane space by contacting the court outside the 36-inch by 36-inch space until the ball is released.

e. The free thrower must not have either foot beyond the vertical plane of the edge of the free-throw line which is farther from the basket or the free throw semicircle line until the ball touches the ring or until the free throw ends.

f. A player, other than the free thrower, who does not occupy a marked lane space, may not have either foot beyond the vertical plane of the free-throw line extended and the three-point line which is farther from the basket until the ball touches the ring or until the free throw ends.

g. A player occupying a marked lane space may not have either foot beyond the vertical plane of the outside edge of any lane boundary, or beyond the vertical plane of any edge of the space (2 inches by 36 inches) designated by lane-space marks. A player must position one foot near the outer edge of the free-throw lane line. The other foot may be

positioned anywhere within the designated 36-inch lane space until the ball has been released.

h. Players occupying marked free-throw lane lines spaces may not enter the free-throw semicircle until the ball touches the ring or until the free throw ends.

PENALTIES: (Section 1)

1. If the first or only violation is by the free thrower or a teammate, the ball becomes dead when the violation occurs and no point can be scored by that throw. The following out-of-bounds provisions apply if no further free throws are to be administered:

a. If the violation occurs during a free throw for a personal foul, other than intentional or flagrant, the ball is awarded to the opponents for a throw-in from the designated out-of-bounds spot nearest the violation.

b. If the violation occurs during a free throw for a technical foul, the ball is awarded to the thrower's team for a throw-in at the division line on the side of the court opposite the scorer's and timer's table.

c. If the violation occurs during a free throw for a flagrant personal foul or an intentional personal foul, the ball is awarded to the thrower's team for a throw-in from the designated out-of bounds spot nearest the foul.

2. If the violation is by the free-thrower's opponent only:

a. If the try is successful, the goal counts and the violation is disregarded.

b. If the try is not successful, the ball becomes dead when the free throw ends, and a substitute throw must be attempted by the same free thrower under conditions the same as for the free throw for which it is substituted.

3. If there is a simultaneous violation by each team, the ball becomes dead and no point can be scored. Remaining free throws

are administered or play is resumed by the team entitled to the alternating-possession throw-in from the designated out-of-bounds spot nearest to where the simultaneous violation occurred.

4. If there is a violation first by the free-thrower's opponent followed by the free thrower or a teammate:

a. If both offenders are in a marked lane-space, the second violation is ignored, as in penalty item (2).

b. If the second violation is by the free thrower or a teammate behind the free-throw line extended and/or the three-point line, both violations are penalized, as in penalty item (3).

c. If a violation by the free thrower follows distraction by an opponent, a substitute free throw must be awarded.

d. If a fake by an opponent causes the free thrower or a teammate of the free thrower to violate, only the fake is penalized.