

Time-Outs

Charged Time-Outs

1. Each team is allowed (3) 60-second time-outs in a regulation game. A 60-second time-out may not exceed one minute and must be held within the confines of the time-out area.
2. Each team is allowed (2) 30-second time-outs in a regulation game. The time-out shall not exceed 30 seconds and all players shall remain standing within the time-out area.

Note: A warning signal will sound for the teams to prepare to resume play with 15 seconds remaining.

Successive Time-Outs

A time-out which is granted to either team before the clock has started following the previous time-out. They shall not be granted after the expiration of playing time for the fourth quarter or any extra period.

Excessive Time-Outs

Time-outs in excess of the allotted number may be requested and shall be granted during regulation or extra periods at the expense of a technical foul.

Simultaneous Time-Outs

Time-Outs simultaneously requested by opposing teams or those requested to keep opposing players in the game directed to leave for blood or injury shall be granted! They will be charged to the respective team and administered concurrently. If one team is charged with a 30-second time-out and the other a 60-second time-out, the duration of the time-out is 60-second.

Official Ordered Time-Out

Time-Out occurs and the clock stops for:

1. Foul
2. Held Ball
3. Violation
4. Injury
5. Unusual delay in getting a dead ball live
6. Emergencies

Time-outs in Extra Period

Each team shall be granted 1 additional 60-second time-out for each extra period. All unused timeouts maybe carried over into the extra period.

Time-Out mechanic

An official must see or hear a player's or head coach's request to grant a time-out. It can only be granted if the ball is at the disposal or in control of a player or team; or if the ball is dead. A time-out may occur if the scorer signals to grant a coach's request for a correctable error, or timing, scoring or possession error.

Halftime

Halftime shall be 10 minutes. The halftime intermission may be extended to 15 minutes for special activities, provided that the home team has properly notified the visiting team prior to the start of the game.

Overtime (Extra Period)

The extra period is an extension of playing time necessary to break a tie score. The length of each extra period is 4 minutes or half of a regulation quarter depending on the level of play. There is a 1-minute intermission between extra periods.

Once the ball becomes live in an extra period, the period will be played regardless if an error or correction is made to the 4th quarter score.
